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Long Time Grand Master Of International Martial Arts Has Passed Away



Photo - Yogi Israel Segarra, here is seen with his wife, Alice, a grand master herself, who shared his journey throughout most of his life. Photo provided.

By Rosalind Russell - A well-known Whitefish Falls man and Grand Master of Martial Arts has passed away.

Yogi Israel Segarra was well known in the local area and around the world for his skills in martial arts.

He and his wife, Alice, met, married, and taught Yoga, Goju, and other related skills to many people of all ages over the last 40 plus years in the U.S and Canada. He and his wife have been inducted into the World Martial Arts Hall of Fame twice and received countless other accolades over the decades.

Besides the training, the two hosted international martial arts tournaments for over 20 years.

Israel was born in Puerto Rico, and Alice in Manhattan, eventually immigrating and making Whitefish Falls there home. He was 76.





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NEW LOCATION - 502 CENTRE STREET ESPANOLA

Walk For Overdose Awareness Day Planned In Espanola



The Second Annual Walk for Overdose support of the event. Awareness Day is set for Espanola.

Mental Health Navigator with the Lindsay says more information is Espanola Family Health Team, Ashley available on the Espanola and Area Lindsay, says the walk will be held Overdose Epidemic Facebook page.

on August 31st, to raise awareness about overdose, its effect on individuals and the community at large, and how community members can assist those in need.

The walk will start out from the Town Hall at noon and make its way to the Noojmowin Teg Centre at the intersection of Second Avenue and Highway Six.

She adds the public is encouraged to wear purple in

Everyone is invited to attend.

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Head-To-Head Live Painting Battle Coming To Espanola

Love to paint and want to challenge yourself? A unique head-to-head live painting battle planned for Espanola might be right up your alley.

North Bay's Nick's Place For Us Executive Director Karrie Emms says in partnership with Gateway To the Arts, they will host five live art competitions featuring artists from across Ontario.

She says the organizations have partnered with Espanola High School for the September 23rd competition, which will take place at the Sukhdev Restaurant on Centre Street.

Emms says there is a cash prize and an opportunity for the winner to move on to regional, national and global competitions.

She says they eventually hope to make the events a viable fundraiser to ensure that Nick's Place can maintain its free youth programming for low-income families in communities hosting the events.

Emms adds sponsorships are welcomed. For more information visit the website or their Facebook page @nicksplaceforusnb.



Photo - A North Bay based organization is planning to host a live art battle in Espanola. Photo provided by Nick's Place for Us - Art Hub.







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Exploring High School – Jump Day 2023



Photo: Jump Day is coming up, a great way to meet staff and explore Espanola High School for new students and their families. File Photo by Rosalind Russell

Espanola High School is preparing for students and staff to return to school and one of their premier events is Jump Day for the new students.

This year's gathering will take place on Wednesday, August 30th from 11 am to 1 pm. It will open with a rally in the auditorium and then the Grade niners and their parents or guardians can tour the school,

meet the staff, find their lockers and classrooms, and get to know their new environment.

The event is one of the most popular events hosted by Espanola High School who welcomes all new and returning students and staff to another school year.

The first day of school will be the following Wednesday, September 6th.

SPECIAL ANNOUNCEMENT

Olivia Bishop's family proudly announces her Graduation from Grade 8 at Marymount Academy



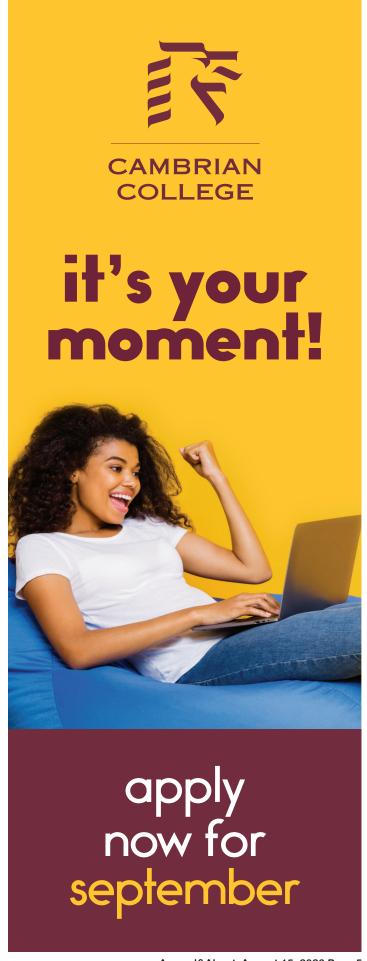


Olivia graduated with honours including the Science Award for Academic Excellence and Christian Leadership Award as an active volunteer both in school and her local community. As a Reach Ahead student and passionate writer with a love of

books, Olivia has already achieved her Grade 9 English credit. Her accomplishments also include being selected for the SPARC global enrichment program given her creative talents in the Arts. We are so proud of her character and have faith in her bright future.

Congratulations Olivia!





IN MEMORIAM



Louise Mirault

Gone but not forgotten 10 years gone August 18th

Jerry, Amanda, Mark, Isabella, Noel, May

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HELPWANTED – Employment opportunity for someone seeking an apprenticeship in the carpentry trade. Will need valid drivers licence & own transportation. If you are interested, please call 705-862-1554. 8/29

YARD SALE

YARD SALE - 121 Sheppard Street - SAT AUG 19 and SUN AUG 20 @ 8am to 2pm. Something for everyone! Furniture, kids toys and clothes, baby stuff, vintage collectibles and antiques, used interior doors and jacuzzi tub, etc. Rain or shine.

YARD SALE - Entire house contents must go by Aug 31! Beds, furniture, housewares, tools, camping gear, canoe, kayak & more. 290 Lowe St, Massey. Call/text Ron: 416-655-8308. 8/22

OBITUARY



With great sorrow, we announce that *Rod Thaxter* from Webbwood, Ontario passed away Saturday July 22, 2023. It was sudden and unexpected. Rodney Carl Thaxter was born May 5, 1954. He was 69 years old. His family and many friends fondly remember and greatly miss him. He was known for his sense of humour and the genuine kindness he showed. He always had a way to make everyone smile. He was always looking for ways to help others. There are few people that knew him that don't have some project in their home that he helped them with. Rod

leaves us all with so much to remember him by. Cremation has taken place and a celebration of life was held August 5, 2023.



Melcher – Russel William of Massey passed away at the Espanola Regional Hospital on August 8, 2023 at the age of 78. Dear son of the late William & Margaret (nee Sonnenburg) Melcher. Loving father of Martin, Keith and Katherine Nelson (Edward). Cherished by grandchildren Kristopher, Peter, Gabriella, Carrington, Cassidy, and great grandchildren Zane, Sophie, Peyton, Quinn, Grayson, Chase, Jade and Ruby. Dear brother of Robert (late Gladys), Ann Behm (late Harvey), Arthur (Susan), Elizabeth Arbour (Donald) and

Ruth Declerk (Ben). Also, will be sadly missed by many nieces, nephews, friends & relatives. Russel was a Life Member of the Royal Canadian Legion BR#432, Massey, a Service Officer and an OK Hunter & fisherman. Funeral Service on August 12, 2023 at the Zion Lutheran Church, Massey at 11 AM with interment to follow in the Zion Lutheran Cemetery. If so desired, donations to the Zion Lutheran Church or the S.S.R.Fire Dept. would be appreciated. Arrangements by BOURCIER FUNERAL HOME Ltd, Espanola.

Obituaries · In Loving Memory
Thank You Ads · Births or Birthdays
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To place your announcement call or email

705-869-6883 around@aroundandabout.ca



LCBO-Bags

By VISTA - It's official, paper bags at LCBO outlets will no longer be available as of September 5th.

The crown agency says they're making the move to reduce their impact on the environment by eliminating almost 135-million bags year.....saving over 26-hundred tonnes in landfills and 188-thousand trees.

You'll be able to purchase a reusable bag.....or use one of their leftover liquor cardboard boxes.

Heat-Regulations

By VISTA - The provincial government is proposing tougher rules to help protect workers from heat-related illnesses.

The proposed bill would change the Occupational Health and Safety Act by implementing a heat stress regulation.

The limits would be set according to conditions in workplaces and the level of workload.

Employers would also have to control their workers' exposure to extreme heat, and provide information on the signs of heatrelated illnesses.

The province says heat-related incidents are a growing risk to Ontario workers....and heat waves are predicted to become more frequent.

Russia-Ukraine

By VISTA - A major German defence company has reportedly purchased 49 used Leopard One tanks and will be refitting them for use in Ukraine.

dealer Belgian arms purchased the tanks from Belgium in 2014 after they were decommissioned.

It could take up to six months before they're ready for use on the battlefield.

Meantime, Ukrainian officials charge that Russia is deliberately targeting rescue workers after a missile attack on the eastern city of Pokrovsk.

An apartment building was struck by two consecutive rocketsthe second arriving as rescue crews were trying to find victims from the first strike.

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Crazy About Bugs Summer Fun - at the Splashpad. Thursdays, 1:00 – 2:00 p.m. hosted by Calvary Church during July & Aug. For info 705 869 5485

North Shore Seventh Day Adventist Church - Church Service every Saturday, Sabbath School 10:00 a.m. Divine Service 12:00 a.m. All Welcome

Lee Valley Hall - Barbecue and open Mic August 19, 1:00 - 6:00 p.m.

Lee Valley Hall Monthly Meetings - We are changing our monthly meeting to Tuesdays at 6:30 p.m. Please join us for our next meeting on Tuesday August 22.

St. George's Family Fun Day - August 26, 11:00 a.m. -2:00 p.m. 213 Tudhope St. Espanola. BBQ & Activities.

The United Church and St. George's Anglican Church - will be having joint services during the summer at 9:30 a.m. July services will be held at the United Church. August services will be held at St. George's

A.A. Meetings - at St. George's Anglican Church. Wednesday nights from 8:00 – 9:00 p.m.

SIT AND KNIT - Do you knit or do stitch work? Come join us at the Espanola Public Library on the third Friday of the month from 1:00 - 3:00 p.m.

The Seniors Choir – We welcome more singers (especially, male voices). Practices are Tuesdays at 10:00 a.m. at the Seniors Drop-In-Center.

Narcotics Anonymous Meetings – Tuesday, 7:30 p.m., Saturday, 7:00 p.m. United church, downstairs. 137 Shepard St. Espanola

Al-Anon - support for people affected by someone else's drinking. Meetings every Tuesday at 7:00 p.m. St. George's Anglian Church, Tudhope St., Espanola. More information at al-non.Org

Do you have a note for the community? We invite not-for-profit organizations to submit information on their upcoming events in writing no later than Wednesdays at 3:00 p.m. 25 word limit.

E-mail: around@aroundandabout.ca



Moose

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